



RECORD



Round 3
April 20, 2024



**We acknowledge the Traditional Custodians of the land on which we play
and recognise their continuing connection to land, water and community.
We pay respect to Elders past, present and emerging.**



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**Complaints or other reference to the material in the publication may be directed to the
Community Football Manager, AFL Hunter Central Coast.**

THIS WEEK



Black Diamond Men's Cup	
Maitland Saints v Cardiff Hawks	2pm
Newcastle City v The Entrance Bateau Bay	5pm
Warners Bay v Killarney Vale	2pm
Black Diamond Women's Cup	
Maitland Saints v Cardiff Hawks	12noon
Newcastle City v The Entrance Bateau Bay	3pm
Warners By v Killarney Vale	12noon
Singleton v Terrigal Avoca	12noon
Black Diamon Men's Plate	
Newcastle City v Cardiff Hawks	9am
Warners Bay v Killarney Vale	10am
The Entrance Bateau Bay v Wyong Lakes	12noon
Gosford v Terrigal Avoca	12:30pm
Newcastle City v Maitland Saints	1pm
Singleton v Lake Macquarie	2pm
Black Diamond Women's Plate	
Gosford v Terrigal Avoca	10am
Killarney Vale v Wyong Lakes/Lake Macquarie	10am
The Entrance Bateau Bay v Cardiff	10am
Newcastle City v Port Stephens	11am

[Click here to view all fixtures](#)



BELMONT **16s**

MATCH OF

The Round



Black Diamond Men's Cup and Black Diamond Women's Cup

Cori Hopper will bring you live Maitland Saints vs Cardiff Hawks from Max McMahon Oval.

Kicking off from 12noon



[BarTV - Click Here](#)



People often ask – What do Umpires do at training?

Like any team, umpires benefit from training by remaining match fit and ready for whatever the game throws at them. Umpire training is attended by a range of umpires, from young first and second year umpires through to men and women with over a hundred games under their belt.

Training is an opportunity for umpires to celebrate their triumphs and discuss (and practice) areas for improvement. Generally, a training session starts with a debrief – what happened on the weekend? Were there any “blue-mooners” – those occasional happenings that we might have been unsure how to manage that we want to run past the team and the coaches to better understand what we could have done better. We discuss decisions that we made on the weekend, significant decisions or interesting actions by players which create “coaching opportunities”. It’s not unusual for the umpire coaches to have to create a last minute session plan based around something that happened in a game on the weekend.

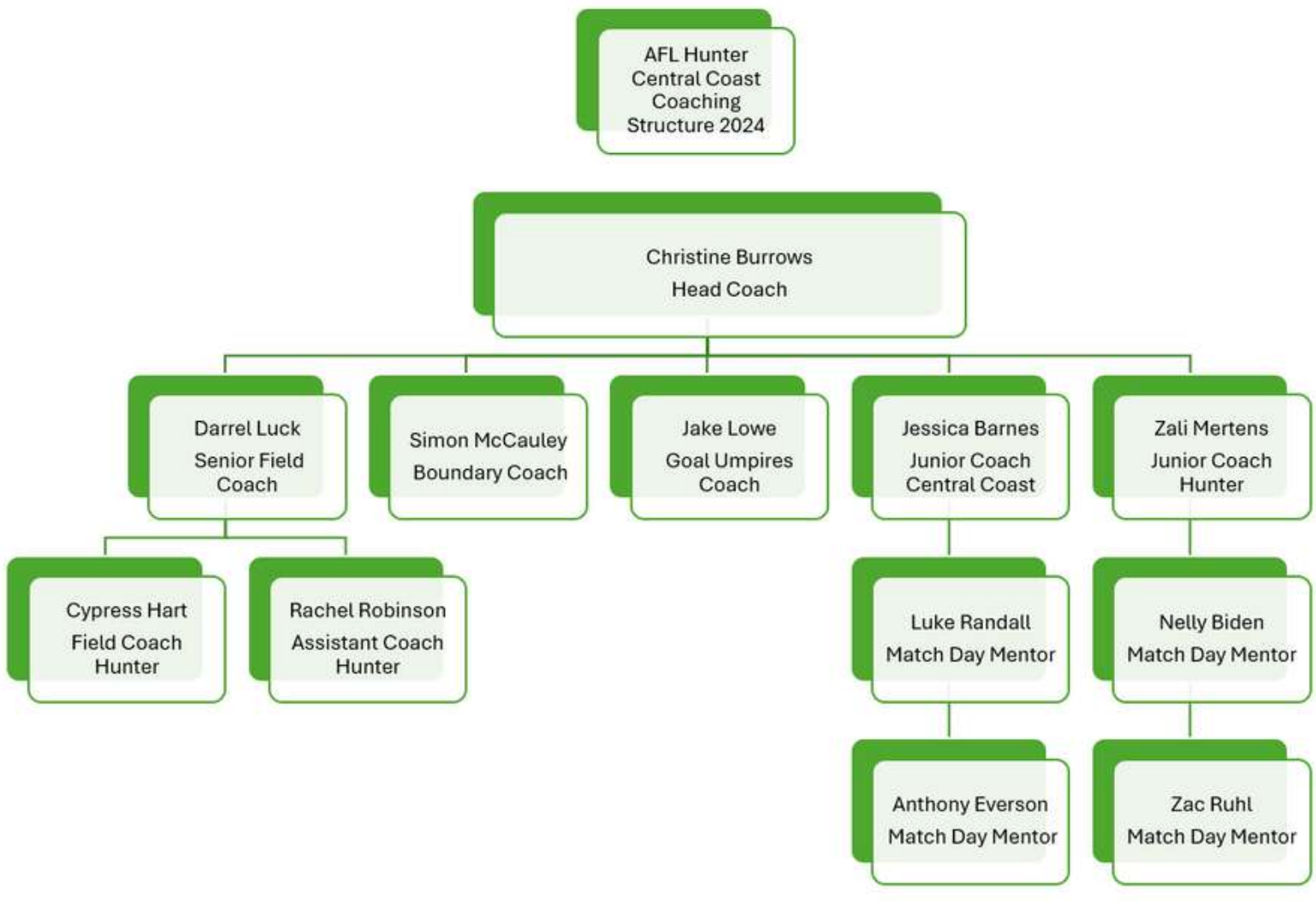
After a debrief and discussion, we do a couple of warm up laps and dynamic warm up before moving into drills. Sometimes the goal, boundary and field umpires will work separately on their drills and other times all disciplines will join together for a team drill. Training drills might centre around positioning or team work in a given situation such as a boundary throw in or set shot at goal. Umpiring is not just about learning the rules and running out on the field with a whistle – it is a craft, a skill that layers knowledge and fitness and many rules that require us to be interpretative. It’s also a fun and challenging way to be involved in our great game of AFL and see the action up close.



Umpire training is held twice weekly:

- Monday 5.30pm Paddy Clifton Oval, Narrara
- Wednesday 5.45pm Tulkaba Oval, Teralba

Club umpires are always welcome to attend training as is anyone who is interested in becoming an umpire.





Positive /Win from weekend: Nelson Bay celebrated it's first win since the 2022 Grand Final, coinciding with the unveiling of our new scoreboard. It looks fantastic and the club is proud of not only the effort the boys put in to seal a big win against Killarney Vale, but also to all the volunteers and sponsors that put in the work to get the new scoreboard up and running.

Coaches Bio: Sean McGrath (feel free to trim it down if it's a bit long for the record)

"I have been coaching since 2002 and during that time I have coached at various different levels. My first coaching role was as the skill and development coach at the Ipswich Eagles (QAFL) and was then promoted to the head coaching position. I have also had the opportunity to coach at the senior level at Eastlake AFC, Canberra (ACTAFL) 2006-2008 and was the senior coach at the Nelson Bay Marlins from 2016-2019.

Throughout my coaching career I have had the privilege to coach the Air Force national team between 2006 and 2013. Assistant coach to the BDAFL senior representative team in 2018. And last year I coached the U17 Boys Hunter Metro Team.

I see the 2024 season as an exciting time for the club. My goal for the season is to build the club and develop the younger players coming up from the juniors. So far, the focus preseason has been:

1. Respect, 2: Learning/Teaching and 3. Conditioning.

My hope is for this to continue through to the season proper and at the end of the year have a team that is proud to wear the Marlins jumper and a competition that respects our club"

MAITLAND

SAINTS



Photo credit - millyhooperphotography - Maitland Saints Facebook Page

PROUDLY LOCAL
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KILLARNEY VALE

BOMBERS



Killarney Vale Bombers would like to thank the following partners for their support in 2024:

Mingara Recreation Club

Mortgage Choice Tumbi Umbi

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Gage Roads Brew Co.

The Fox Group

Empower Body Fitness

Coast Sport Physio + Sports Medicine

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TERRIGAL AVOCA

PANTHERS



It was a tough start to the season with all four of our seniors teams being defeated last week. However, the major positive was that we were able to field four senior teams which, during the pre season, there were some doubts. Despite the losses last week there has been a real positive attitude at training this week right across the playing group thanks to the encouragement and hard work of our coaches. This will hopefully see our teams bounce back on Saturday.

Coach Bio - Chris Bishop

Bishy has had an amazing run as he heads into his 17th year as playing coach of our Men's Cup team. His record speaks for itself.

He has guided the team into the past 11 grand finals in a row resulting in 6 premierships.

However, it's not just the team achievements that make him a great coach. As Head Coach he promotes an overall inclusive culture to the whole senior playing group which ensures a real positive attitude is taken into every training session and game.

Over the past couple of seasons we've lost quite a few experienced talented players which has seen a younger playing group take to the field. Our club is extremely fortunate in continuing to have Bishy's services to oversee the transition.

Milestones

The club has celebrated Lachy White's 150th senior game.

Finally, a big thank you to all our generous sponsors and our hardworking volunteers. Our club would not be able to function without you.



CARDIFF HAWKS



ROUND TWO HIGHLIGHTS

🦅 3/4 teams secured the W's

🦅 2 of our Birds clocked up 50 games for the Hawks

🦅 Huge thank you to all our volunteers who made the first day at the Nest for 2024 a big success



ROUND TWO HIGHLIGHTS

BEST PLAYERS - PLATE

Joseph Harris, Scott Bloye, Hunter Shultz.
Brittany Quinn, Rhea Holstein, Amy Seskin.

BEST PLAYERS - CUP

Sam Howard, Will Ryan, Jared Campbell.
Tameka Chambers, Savannah Newton,
Cheyenne Neu

VOLUNTEER SPOTLIGHT

Matt Lynch, Jade Lynch

PROUDLY SUPPORTED BY...



A massive congratulations to Tigers Women's legend Brooke Ashcroft who will today play her 100th senior women's game! 🎉🍷

Something not easily or often achieved in community sport, Brooke has been a committed tigers player for several seasons now, leading the way through our midfield! She's tough, never gives up and always brings a positive attitude to every game!

Not often spotted without her AFL bestie Liz (hence we don't have individual photos of these two, its a rare sighting 😎)

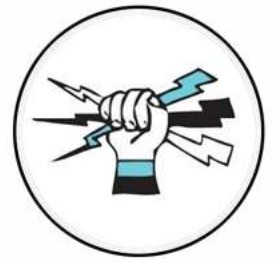
Congratulations to Rhiannon Medcraft celebrating 50 games today!
We can't wait to run out on the field with you today Brooke and Rhiannon!



[Click here to check out the photos and more on Gosford Facebook page](#)

PORT STEPHENS

POWER



Beth Innes is in her third season as Senior Coach at Port Stephens. Beth developed her love of footy in WA watching her beloved Swan Districts every weekend. Beth played high school footy before joining the WAWFL, now the WAFLW. Beth is a Founder and Director of Sports 4 All, which was established in 2021 to increase the participation of women and girls in sport in Port Stephens. Beth is very passionate about grassroots footy and empowering women and girls to give footy a go.

Port Stephens Women's Plate team made the finals for the first time in 2023, after wooden spoons in 2020 and 2021. This represented the first time the club has played senior finals footy. Beth is excited to see what 2024 brings with many exciting team and player milestones coming up.



CURTIS & BLAIR
REAL ESTATE

WARNERS BAY

BULLDOGS



The biggest positive from the weekend for Warners Bay was the quantity of new players we welcomed to the red, white and blue jumper for the first time. Across the three teams, 24 of the 66 players who took the field debuted for the club which is testament to the coaching and player group who have been busy in the off-season strengthening our depth across the club. Further, we're excited to introduce more new talent over the coming weeks. There is a real excitement in the air at Feighan Oval this year and we can't wait to see what the season has ahead.



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restaurant + functions



SINGLETON

ROOSTERS



WYONG LAKES

MAGPIES



Coach Bio:

Name: Simon Smyth

Position: Senior Men's Coach

Years Involved With The Club: First year as an official and fourth year as a parent.

Summary Of The Season To Date: Pre-season focus has revolved around building strong relationships with my players, coaching our game plan, integrating with our Women's Team and introducing our Senior-Junior Player Mentor Program. Winning our first game last weekend was of significant importance, as we played to honour Club Legend, Michael Tos, who sadly passed away late last year.

Goals For 2024: I want the team to learn and enjoy the style of footy we play, and for our supporters to be entertained by watching us. I want the team to improve from last year and to see how far that takes us. Importantly, I want my team to role model our One Club Culture and have strong integration with our Women and Juniors.

What Got You Into Coaching At Wyong Lakes AFC: I'm extremely passionate about coaching, but due to my local roles working for the AFL, I have not been able to coach properly at club level for 15 years. My work has changed, and this has allowed me to explore coaching again, after a stint helping out with a Junior Rep Team last year gave me the coaching bug back. Wyong Lakes are my local Senior Club and I wanted to help them out.

Hobbies: Watching footy and cricket, spending time at the beach with my kids, socialising with friends

Favourite Food: Anything Italian or Mexican

Fun Fact About Me: I'm currently on the AFL Vanuatu Committee, helping to grow the game over there.

A win/positive from the weekend:

Was great to start the season with two wins in seniors though more importantly we returned our women's team back into competition after sitting out season 2023, early indication of the JV with Lake Macquarie is promising and we look forward to watching them continue to progress and gel as a group.



WYONG
BOWLING CLUB



The logo for Hillman's Caravan, Annex & Mobile Home Repairs. It features a line drawing of a caravan on the left. To the right, the text "HILLMAN'S" is written in large, bold, red letters. Below that, "CARAVAN, ANNEX & MOBILE HOME REPAIRS" is written in smaller, red, all-caps letters. At the bottom, "Phone: 0438 329 375" is written in black text, flanked by horizontal lines.

NEWCASTLE CITY

BLUES



LAKE MACQUARIE

DOCKERS



The Dockers women as part of their collaboration with Wyong had a big win over Cardiff last week but face Killarney Vale at Adelaide Street this round in what will be an indicator of how the season is going to progress. Chelsea Flemming had a good start to the season kicking a couple of goals while Sheldon Jennissen was among the best players.

The men's team, while competitive at times last week against Cardiff but went down. Bailey Clement had a big debut for Lake Macquarie, kicking three goals against his old club. This round sees the boys off to Singleton in what will be a good guide to how their season will look.



**GREAT
NORTHERN
HOTEL**



THE ENTRANCE BATEAU BAY



It was great to have football back last week with the Sun shining at Both Adcock Park and Bateau Bay Oval, as all 4 team took to the field for the first time. Our Newly launched Women's Cup side took to the field for the first time and certainly did the Jumper proud. The younger brigade lead the way with Evie Walkaden, Imogen Gray, Mel Bendeveski and Annalise Sadler all starring in their First Cup game. A Knee Injury to Fellow Young gun Lola Hunt was the only sour point as the girls ran the game out 59-point winners, with a small Bag of Goals (5) to experienced Full Forward Luarna Greentree.

We'd Like to also Highlight Men's Plate Co-Coach Shaun Greentree this week. Having only played 34 Games prior to a major life changing injury, Shaun returned to the Club to support us in any way possible, eventually finding a home in the Coaching space. In his short time in this capacity, he's taken the Shield team to a Premiership (2023) and has continued to share the Duties with returning Club star Michael Besley, as the Men's 2nd team have been promoted to the Plate Competition.

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