

SPECIAL THANKS

Thank you to the Cardiff Football Club for all their help to get today up and running, as well as for all the time that went in to the training/jumper presentation Thursday night.

Thanks to the HCC and South Coast coaches and support staff for their time and effort with the teams, we wouldn't have a rep program without your hard work and support. Thanks to the umpires and the wider HCC umpire department for their assistance today. Ryan Stanton, Paul Praestiin, Bob Dickson and Sean Riedel were our trainers today, and Greg Blume who was ERC. You all played such important roles today, it is very much appreciated.

Thank you to the Wyong Football Club and Northern Lakes Football Club for allowing the HCC teams to train at your grounds on Tuesday night. It was great to have BarTV, along with David Redden and Lucas Holmes here today, its great we can broadcast today's matches.

Thank you to all the players who played today, you all showcased how much talent both the regions have. Thank you also, to all those players who formed the train on squads, to have many talented players that unfortunately missed out, or were unavailable to play, shows the depth of the talent.

Lastly, thank you to our great sponsors, your support has meant that we were able to run the Rep program this year.

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REPRESENTATIVE FOOTBALL 2019

AFL HUNTER CENTRAL COAST V AFL SOUTH COAST

PASTERFIELD SPORTS COMPLEX
SATURDAY 18 MAY

3PM—WOMEN'S GAME
5PM—MEN'S GAME


HUNTER CENTRAL
COAST


SOUTH COAST

REPRESENTATIVE FOOTBALL 2019

Welcome to the Representative fixture for 2019. We would like to welcome AFL South Coast to our region and we look forward to a great day of footy.

MEET THE COACHES

AFL Hunter Central Coast

The Women's team will be coached by Craig Golledge, along with Josh Lawler, Women's coach at Wyong Lakes, and Jackson Farquhar, Women's coach at Terrigal Avoca. Kate Handley, who recently led the Newcastle Women's Local rep team to victory, will be runner.

The Men's team will be co-coached by Tim Cotter, current Newcastle City Cup coach, and Nathan Harkness. Michael Solomons, Cup coach at Wyong Lakes, will be assisting them.

AFL South Coast

The Women's team will be co-coached by Geoff Gibbs from Bomaderry Tigers and Ben Hyndes who is the Illawarra Academy of Sport Youth Girls coach.

The Men's team will be coached by Rod Richards who most recently was the Senior Coach for Kiama Power. Joined by Ray Burgess (Wollongong Lions), Will Ryan (Figtree Kangaroos) and Terry Little (Kiama Power) as part of the wider coaching team.

UMPIRES

Today's games will be officiated by the below umpires:

	Field	Goal	Boundary
Women's game	Rachel Robinson	Andy Baldwin	Scott Donnett
3pm	Tom Steward	Shane Lowndes	Kyan Everson
	Josh Spain (South Coast)		
Men's game	Stephen Blume	Jody Jackson	Miles McCauley
5pm	David Parsons	Wayne Farrand	Ethan Robinson
	Dylan Welsh(South Coast)		

Thank you to the umpires for their time today, we couldn't have the game without you!

MEN'S TEAMS

AFL HCC			AFL SOUTH COAST		
No.	Name	Club	No.	Name	Club
1	Conor Haswell	Newcastle City	1	Matt Price	Kiama
2	Aidan Watling	Newcastle City	2	Will Cook	Wollongong Lions
3	Brandon Thomas	Terrigal Avoca	3	Chris Cook	Wollongong Lions
4	Jack Lennon	Cardiff	4	Ben Ryan	Figtree
5	Macauley O'Malley	Newcastle City	5	Nick Baggio	Kiama
6	Harrison Selkirk	Newcastle City	6	Jacob Hennessy	Figtree
7	Hugh Blanchfield	Newcastle City	7	Jack Mahony	Kiama
8	Andrew Scott	Singleton	9	Ben Rawson	Kiama
9	Corbin Bond	Terrigal Avoca	10	Ben Hoctor	Kiama
10	Billy Barton	Nelson Bay	11	Jack Boxsell	Bomaderry
11	Nick Tomlinson	Cardiff	12	Ricky Neels	Kiama
12	Marcus DeLeur	Cardiff	13	Kieran Churchill	Figtree
13	Bryce Graetz	Cardiff	15	Ben Williams	Kiama
14	Izaak Hughes	Cardiff	16	Lachlan Kirk	Kiama
15	Isaiah Olsen	Warners Bay	17	Josh Simpson	Kiama
16	Matthew Spinks	Warners Bay	19	Sam Wilson	Wollongong Lions
17	Nathan Belbin	Terrigal Avoca	20	Mitchell Daly	Figtree
18	Tim Oosterhoff	Killarney Vale	22	Kai Anu	Wollongong Lions
19	Pat Murphy	Gosford	23	Rohan Watson	Wollongong Lions
20	Brandt Job	Cardiff	24	Jake Hogarth	Wollongong Lions
21	Brayden Tos	Wyong Lakes	25	Callum McFadden	Figtree
23	Reed van Huisstede	Newcastle City	26	Aaron Jory	Wollongong Bulldogs
28	Cameron Keast	Newcastle City	27	Jack Burgess	Wollongong Lions

WOMEN'S TEAMS

AFL HCC			AFL SOUTH COAST		
No.	Name	Club	No.	Name	Club
1	Emma-Jayne Howe	Lake Macquarie	1	Kimberly Chan	Wollongong Saints
2	Taylah Wilks	Cardiff	2	Mikayla Sheahan	Wollongong Bulldogs
3	Taylor Joyce	Newcastle City	3	Emma Dowse	Bomaderry
4	Meaghan Macdonald	Newcastle City	4	Rani Sossai	Wollongong Lions
5	Arizona Cross	Cardiff	5	Nellie Hicks	Kiama
5	Matisse Coram-Parker	Cardiff	6	Samantha Weir	Bomaderry
6	Rosie Ronan-Yates	Newcastle City	7	Bridgett Kellett	Bomaderry
7	Morgan Ross	Terrigal-Avoca	8	Millie Somes	Wollongong Bulldogs
8	Kate Booth	Wallsend West Newcastle	9	Kathryn Gaskin	Wollongong Bulldogs
10	Kate Holland	Nelson Bay	10	Kelsey Hogan	Wollongong Bulldogs
11	Ashleigh Page	Killarney Vale	11	Mikaela Allen	Wollongong Lions
12	Molly Simpson	Newcastle City	12	Nicola Smyth	Dapto City
13	Rebecca Ives	Wyong Lakes	13	Lauren Myers	Wollongong Lions
14	Alexandra Pearce	Wyong Lakes	14	Cassie O'Leary	Kiama
15	Kaneshia Murray	Wyong Lakes	15	Romy Bradmore	Wollongong Bulldogs
16	Amy Pittman	Wallsend West Newcastle	16	Sophie Phillips	Bomaderry
20	Sarah Burns	Maitland	17	Shellee Gibson	Shellharbour City
21	Tahlia Thompson	Singleton	18	Jess Thomas	Bomaderry
22	Jocelyn Kelleher	Killarney Vale	19	Jess Liddiard	Bomaderry
24	Jemma Astley	Nelson Bay	20	Jordan van de	Wollongong
26	Emily Bohan	Wyong Lakes	24	Jacqueline Wilson	Wollongong Lions

HCC TEAM PREVIEW CONT.

Today sees the return of representative football to our region after a two year absence.

AFLHCC Women's coach Craig Golledge is confident of a strong performance from his side.

The playing squad is:

Meaghan Macdonald, Rosie Ronan-Yates, Taylor Joyce, Molly Simpson – Newcastle City
 Morgan Ross – Terrigal-Avoca
 Ashleigh Page, Jocelyn Kelleher – Killarney Vale
 Jemma Astley, Kate Holland – Nelson Bay
 Arizona Cross, Matisse Coram-Parker, Taylah Wilks – Cardiff
 Tahlia Thompson – Singleton
 Alexandra Pearce, Emily Bohan, Kaneshia Murray, Rebecca Ives, Sarah Ball – Wyong Lakes
 Sarah Burns – Maitland
 Amy Pittman, Kate Booth – Wallsend West Newcastle
 Emma-Jayne Howe – Lake Macquarie

Golledge indicated that the Squad "is definitely one of the strongest Women's sides that the region has produced over the past few years. We are very much looking forward to the challenge that the South Coast provides".

Golledge stated "that our players have a fantastic opportunity, in the first year of the AFL Hunter Central Coast representative program, we are hoping to start things off on the right foot with a successful performance. I know having personally coached a number of our girls that it is exciting times for the region, and I can't wait to see what lies ahead."

Golledge is expecting very good performance from Meaghan Macdonald, "having been involved in the GWS Giants Winter Series".

The Wyong Lakes ruck duo of Rebecca Ives and Kaneshia Murray have been in unstoppable form for the unbeaten Magpies outfit this season, and Golledge thinks that these two will provide quality ball for followers such as Amy Pittman, Jocelyn Kelleher and Alexandra Pearce.

Golledge advised that "Ives and Murray have very different styles of play. Ives is, in many ways, an old-fashioned tap ruck whilst Murray uses her outstanding athletic ability to great effect, using a great natural jump, even though she sometimes jumps off two feet".

The Men's Squad is:

Mac O'Malley, Conor Haswell, Aidan Watling, Reed Van Huisstede, Harrison Selkirk, Hugh Blanchfield, Cameron Keast – Newcastle City
 Brandon Thomas, Nathan Belbin, Corbin Bond – Terrigal Avoca
 Tim Oosterhoff – Killarney Vale
 Billy Barton – Nelson Bay
 Pat Murphy – Gosford

HCC TEAM PREVIEW CONT.

Jack Lennon, Marcus DeLeur, Bryce Graetz, Nick Tomlinson, Izaak Hughes, Brandt Job – Cardiff

Isaiah Olsen, Matthew Spinks – Warners Bay

Andrew Scott – Singleton

Brayden Tos – Wyong Lakes

Pat McMahon – Maitland

Co-coach Nathan Harkness says that the Men's side has been chosen specifically “to get a really good team group, top level players that are super keen to play, fit, and versatile.”

Harkness explained that a premium has been placed on superior fitness and form. “We have made a conscious decision to make fitness a priority, with Pasterfield being such a big, expansive ground. We have gone for skilful players, and with our more senior players, we have placed an emphasis on experience”.

Harkness stated that being able to have five players on the bench (it has been agreed that both sides can field 23 players) means that AFLHCC can choose 2 specialist ruckmen; “we may not have gone with a second ruckman if we were restricted to 22 players, because of the size of the ground, but the extra man on the bench opens up a second ruck spot for either of Brayden Tos or Billy Barton, behind (2018 Elliott Davey Medallist) Tim Oosterhoff”.

Harkness advised that Tos and Oosterhoff “can both play key position as well as ruck, which gives us flexibility. Marcus (DeLeur) can also swing into the ruck if required”.

Harkness stated that “we want to have a really simple game plan. We have chosen a series of smaller, running players who can really make difference, especially on the spread and switch. All of our smaller players are quick and experienced, which makes them very valuable assets”.

Conor Haswell’s utility value will be a key for Harkness and co-coach Tim Cotter. “Haswell uses the ball very well, he has great skills and he is really brave through the corridor”.

Bryce Graetz is “just your old-fashioned, no-frills, put your head over the ball on-baller, he never lets you down, same as Mac O’Malley, who played really well against AFL Canberra last year”.

Written by David Redden



AFL SOUTH COAST TEAM PREVIEW

Women

Today is a historic moment for AFL South Coast as the league plays its first ever Women representative game when they take on the strong AFL Hunter Central Coast league in Newcastle. In only the second year of a Womens competition in the region, Co-Coaches Geoff Gibbs and Ben Hyndes are confident their team will put up a great display against what will no doubt be a very strong AFL HCC side

Leading the players will be Wollongong Lions’ Jordan van de Voorde who has the honour of being the inaugural AFL South Coast Womens Captain. Jordan will be ably assisted by Jessica Thomas from the Bomaderry Tigers as Vice-Captain.

Bomaderry Tigers young gun Sophie Phillips will be one to watch after spending last weekend playing with the U18 NSW/ACT Rams up in Coffs Harbour. Phillips took all before her in 2018 being crowned the inaugural Maddy Collier Medallist for the Leagues Best and Fairest player along with her Best on Ground performance in the Tigers premiership. Shellharbour sharp shooter Shellee Gibson and Lions key forward Jacqueline Wilson will provide the AFL South Coast Women with great targets up forward.

Down back the side will be looking for direction from van de Voorde and Romy Bradmore from the Wollongong Bulldogs who has been in great form all year. In the centre keep an eye out for the Wollongong Lions ruck Mikaela Allen and the dynamic runners in Emma Dowse and Bridget Kellett from Bomaderry.

Men

2019 saw a new format implemented in the selection of the AFL South Coast Men’s Representative side compared to previous years. The starting point for the squad was the players selected in the 2018 AFL South Coast Team of the Year which was then added to with those players who have stood out in the early part of the 2019 season. This list of near 40 players were then put through their paces in a series of training sessions since the start of May. 2018 Premiers Kiama Power and Wollongong Lions make up the bulk of the team with the addition of players from Figtree, Bomaderry and the Bulldogs.

AFL South Coast will again be led by Wollongong Lions ruckmen Rohan Watson who admirably led the team in its last fixture. The work rate and toughness of the South Coast midfield led by the Lions Ben Green and Kiama’s Jack Mahony and Nick Baggio will be important. Speed and skills on the outside are a strength of the side with the likes of Jack Boxsell, Ben Williams and Matt Price hoping to get plenty of the pill in space. The Lion’s duo of Sam Wilson and Jake Hogarth , are a power up forward

The talented and adaptable Callum McFadden who has returned to the league will be one the side look to around the ground for direction while the Bulldogs Aaron Jory wins plenty of the football, to turn defence into attack. AFL South Coast is under no illusions about the strength of AFL HCC, who in recent years have proved themselves as clearly the third strongest league across NSW and the ACT. AFL South Coast have won their last six representative encounters and for some years have tried to organise a fixture against one of the top leagues so this match up will really test the waters and the strength of the league.