

LAKE MACQUARIE AFC COVID PLAN

UPDATED :9th October 2020

1. If you are not well or someone close to you has been please do not come to the footy. If you are awaiting test results, have been to Victoria in the last 14 days or visited a COVID hotspot please do not come to the footy or to training
2. In line with government recommendations, we are asking **that only necessary parents, carers and spectators attend the game**. To reduce mingling of groups, we ask any spectators to not enter the field of play or the changerooms i.e. no kick to kick at match breaks. Please observe social distancing at all times.
3. To prevent mixing of groups, players, officials and volunteers are asked to please avoid entering the playing field if not involved with the game currently being played. i.e. no team chats in the middle at half time of another game.
4. The changerooms have a capacity of 6 people, with 2 in showers. Umpires room is limited to 2
5. On training days all people attending should sign on the attendance sheets. On match days AFL NSW/ACT provided QR code posters for spectators to sign in. Note; players, volunteers and officials do not need to sign in if they will be recorded on a team sheet.
6. Canteen can be used when social distancing is maintained. A limit of 5 people in the canteen area and wrapped food to be served as much as possible. Maintain high level of cleaning and avoid congregation.
7. All toilets to be wiped down before training and games but sheds are to be discouraged as much as possible. On match day all dressing sheds and benches to be wiped down as well.
8. Social distancing to be maintained in dugouts which are limited to 4 on the bench. Two additional seats to be provided for extended bench. If your name is not on team sheet you are not allowed on the ground during quarter and half time breaks and after the game
9. All balls and equipment to be wiped down before training. Training vest not to be used.
10. All water bottles to be supplied by individuals for their own use.