| Rule Change/Interpretation and Application | Senior <br> Men | Senior Women | Masters/ <br> Youth/ <br> Juniors |
| :---: | :---: | :---: | :---: |
| Traditional playing positions at Centre Bounce <br> Implementation of a traditional set up at centre bounces. Clubs must have players inside both 50 metre arcs, with one player required to be inside the goal square. 18 per side $=6 / 6 / 6$ ( 6 forwards $/ 6$ centres ( $\max 4$ in centre square)/ 6 backs) <br> 17 per side $=6 / 5 / 6$ ( 6 forwards $/ 5$ centres ( $\max 4$ in centre square)/ 6 backs) <br> 16 per side $=5 / 6 / 5$ ( 5 forwards/ 6 centres (max 4 in centre square)/ 5 backs) <br> 15 per side $=5 / 5 / 5$ ( 5 forwards/ 5 centre (max 4 in centre square)/ 5 backs) <br> 14 per side $=5 / 4 / 5$ ( 5 forwards/ 4 centres/ 5 backs) <br> The sanction for non-compliance shall be a free kick. | $\checkmark$ | $\checkmark$ | X |
| Kick-In from a behind (no kick required) <br> For kick-ins from a behind, a player will no longer need to kick to themselves to play on out of the goal square. Additionally, following a behind, the player on the mark will be positioned 10 metres from the top of the goal square (currently 5 metres). <br> Existing By-Laws in junior competitions requiring a defender to bring the ball back into play after the goal umpire has waived the flag for a behind should remain in place. | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Marks/Free kicks within 9m of own goal <br> For all defenders who take a mark or gain a free kick within 9 metres of their own goal, the player on the mark for the attacking team will be brought in line with the top of the goal square. | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Runners and Water Carriers <br> Team runners can only come on the field of play after a goal has been scored and they must exit before the re-start of play. <br> Water carriers are not allowed to come on the field during live play. | X | X | X |
| Umpire Contact <br> Players will be prohibited from setting up behind the umpire at each centre bounce/ball up. Free kicks may also be paid by a non-controlling field umpire. | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| 50-Metre Penalty <br> Stricter on the infringing player, allowing the player with the ball to advance the mark by 50 metres without the infringing player delaying the game. In addition, the player with the ball will be able to play on during the advancement of the 50 metre penalty. The priority for community umpires is to effectively manage the game, whilst increasing the speed of game is a secondary consideration. This is consistent with the existing practice where a community umpire may not pay advantage after a reportable offence has occurred to ensure effective management of the game and player safety. | X | X | X |
| Kicking for Goal post-siren (ability to commence off line of kick) <br> A player who has been awarded a mark or free kick once play has ended will now be able to kick across their body using a snap or check-side kick. The player shall dispose of the ball directly in line with the player on the mark and the goal. | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Marking Contests (hands in the back rule repealed) <br> 'Hands in the Back' rule interpretation to be repealed, allowing a player to place their hands on the back of their opponent to protect their position in a marking contest but not to push the player in the back. | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Ruck contests (Prior Opportunity) <br> A ruck who takes possession of the ball while contesting a bounce, ball up or boundary throw in will not be regarded as having had prior opportunity. Where there is uncertainty over who is the designated ruck, the ruck for each team will continue to nominate to the field Umpire. | $\checkmark$ | $\checkmark$ | X |

