

## Appendix “D” MODIFICATIONS/JUNIOR RULES

|                            | <b>MIXED UNDER 9/10</b>   | <b>MIXED/BOYS UNDER 11/12</b>  |
|----------------------------|---|--|
| Ground size                | 100m x 80m  | 110m x 80m (Minimum. Can be increased by agreement)  |
| Zones                      | Ground divided into three equal Zones   | Not Applicable   |
| Players                    | Minimum 6 – Maximum 15 (Maximum 12 on field)  | Minimum 9 – Maximum 21 (Maximum 15 on field)   |
| Ball                       | Size 2 (Synthetic or Leather)   | Size 3 (Synthetic or Leather)  |
| Quarter Duration           | 4 x 10 minutes  | 4 x 15 minutes   |
| Quarter Breaks             | 4 minutes – 4 minutes – 4 minutes   | 4 minutes – 7 minutes – 4 minutes  |
| Scoring                    | No Scoring, Ladders or Finals   | Scoring, Ladders & Finals Permitted  |
| Mercy Rule                 | Not Applicable  | 60 Points  |
| Results                    | No Recording of Best Players or Goalkickers   | No Recording of Best Players or Goalkickers  |
| Tackling                   | Modified Tackling. A player in possession of the ball may be tackled by an opponent wrapping both arms around the opponent. The player may not be taken to the ground in the act of tackling.   | Allowed. No player to be deliberately slung, dumped or thrown to the ground in any tackle  |
| Bumping                    | No Bumping  | Bumping is allowed   |
| Stealing the Ball          | No Stealing the Ball  | Stealing the Ball is allowed   |
| Barging                    | No Barging  | Barging is allowed   |
| Smothering                 | No Smothering   | Smothering is allowed  |
| Fend Off                   | No Fending Off  | Fend offs are allowed  |
| Shepherding                | No Shepherding  | Shepherding is allowed   |
| Bouncing the Ball          | 1 Bounce Maximum  | 2 Bounce Maximum   |
| Kicking off the Ground     | No Kicking off the Ground (unless accidental)   | No Kicking off the Ground (unless accidental)  |
| Ball Ups                   | Nominated Players of a similar height. Only Centre Players allowed within 20 metres of ball up. All other player to be sent away from the area.<br>No Full Possession from Ball up – Player must knock the ball to a team mate and may not play the ball again until it has either hit the ground or another player has taken possession. | Any Player.<br>Only Centre Players allowed within 20 metres of centre ball up. All other player to be sent away from the area.<br>No Full Possession from Ball up – Player must knock the ball to a team mate and may not play the ball again until it has either hit the ground or another player has taken possession. |
| Throw In                   | No Throw in. Free kick to opposition if ball crosses the line from a kick, Ball up 5m in from boundary if off hands   | Throw in is replaced by a ball up 5m from the boundary   |
| Marking                    | Any distance, player must show control  | 10 Metres distance, Player must catch the ball directly  |
| Distance Penalty           | 25 Metres   | 25 Metres  |
| Deliberately Rushed Behind | No Free Kick  | No Free Kick   |
| Coaching                   | On field Coaching permitted   | Sideline Coaching permitted  |

## **Zoning – Under 9, Under 10**

The modified rules used in these age groups give participants the best opportunity to participate in the game of AFL. An explanation of the zoning rules are as follows:

- The field is divided into three (3) zones: forwards, midfield and backs. These players are to be rotated through all of the zones during each match to ensure that all players are given the opportunity to experience all field positions. Four (4) distinguishable markers are to be placed at the sideline to mark the end of each zone.
- Forwards are the only players who are permitted to kick a score. These players are to wear a clearly identifiable armband to indicate that they are forward players. Should a midfield zone player kick the ball through the goal posts, no score shall be acknowledged, and play is to restart in the same fashion as when the ball goes out of bounds.
- It is important to understand that the marking of zones is to help both player and umpire understand where players should be. It is not an 'offside' marker as is the case in Netball, rather an indication that a player is close to the end of a zone. A player shall be given a small amount of leeway over the zone line to dispose of the ball. The Umpire and team coach shall communicate with players and attempt to ensure that the use of any leeway is kept to a minimum.
- Players are unable to take full possession of the ball at the start of play or the recommencement of play around the ground. The umpire should use different players from the zone that play is in to contest the bounce.
- The enjoyment of the players is paramount in the conduct of all matches in these age groups.

## **Spirit of the Game – Applicable to all age groups**

Before the start of play:

- All players, coaches and umpires should gather on the ground and shake hands
- The umpire and coaches should ensure that players are aware of the rules & procedures to be followed in the conduct of the game

The spirit of the game is to give all available players a game of football. Therefore:

- Where difficulty occurs fielding full numbers, both coaches must agree to even up player numbers
- Excess players should be given to the opposition team if they are unable to field the required numbers

The Umpire should at all times:

- Endeavour to apply the rules of the game while preferring to award free kicks to players in preference to calling ball ups
- Understand that the spirit of the AFL junior match rules for each age group is to enable all players to gather possession and that "the player in possession of the ball should be given every opportunity to kick or handball"
- Attempt to involve all players as the opportunities arise, particularly when indicating which players are to receive a free kick in the Junior Age groups (Under 12 and below)

|                            | <b>YOUTH GIRLS UNDER 12</b>   | <b>YOUTH GIRLS UNDER 14/15/16/17</b>  |
|----------------------------|---|---|
| Ground size                | 100m x 80m  | 110m x 80m (Minimum). If both teams have thirteen (13) or more players on the team sheet, the match <b>must</b> be played on a larger field, up to standard size.   |
| Zones                      | Not Applicable  | Not Applicable  |
| Players                    | Minimum 6 – Maximum 15 (Maximum 12 on field)  | Minimum 7 – Maximum 22 (Maximum 16 on field)  |
| Ball                       | Size 3 (Synthetic)  | Size 4 (Leather)  |
| Quarter Duration           | 4 x 10 minutes  | 4 x 15 minutes  |
| Quarter Breaks             | 4 minutes – 4 minutes – 4 minutes   | 4 minutes – 7 minutes – 4 minutes   |
| Scoring                    | Scoring, Ladders & Finals Permitted   | Scoring, Ladders & Finals Permitted   |
| Mercy Rule                 | 60 Points   | 60 Points   |
| Results                    | No Recording of Best Players or Goalkickers   | Recording of Best Players and Goalkickers is Permitted by club  |
| Tackling                   | Modified Tackling. A player in possession of the ball may be tackled by an opponent wrapping both arms around the opponent. The player may not be taken to the ground in the act of tackling.   | Allowed. No player to be deliberately slung, dumped or thrown to the ground in any tackle   |
| Bumping                    | No Bumping  | Bumping is allowed  |
| Stealing the Ball          | No Stealing the Ball  | Stealing the Ball is allowed  |
| Barging                    | No Barging  | Barging is allowed  |
| Smothering                 | No Smothering   | Smothering is allowed   |
| Fend Off                   | No Fending Off  | Fend offs are allowed   |
| Shepherding                | No Shepherding  | Shepherding is allowed  |
| Bouncing the Ball          | 1 Bounce Maximum  | 2 Bounce Maximum  |
| Kicking off the Ground     | No Kicking off the Ground (unless accidental)   | Kicking off the Ground Permitted  |
| Ball Ups                   | Nominated Players of a similar height. Only Centre Players allowed within 20 metres of ball up. All other player to be sent away from the area.<br>No Full Possession from Ball up – Player must knock the ball to a team mate and may not play the ball again until it has either hit the ground or another player has taken possession. | Any Player. Only Centre Players allowed within 20 metres of centre ball up. All other player to be sent away from the area.<br>No Full Possession from Ball up – Player must knock the ball to a team mate and may not play the ball again until it has either hit the ground or another player has taken possession. |
| Throw In                   | Throw in is replaced by a ball up 5m from the boundary  | Throw in is replaced by a ball up 5m from the boundary  |
| Marking                    | Any distance, player must show control  | 10 Metres distance, Player must show control  |
| Distance Penalty           | 25 Metres   | 25 Metres   |
| Deliberately Rushed Behind | No Free Kick  | No Free Kick  |
| Coaching                   | On field Coaching permitted for Rounds 1-4, then Sideline Coaching  | Sideline Coaching permitted   |

|                            | <b>BOYS UNDER 13/14</b>  | <b>BOYS UNDER 15/16/17</b>   |
|----------------------------|--|--|
| Ground size                | Standard Field Size  | Standard Field Size  |
| Players                    | Minimum 12 – Maximum 24 (Maximum 18 on field)  | Minimum 12 – Maximum 24 (Maximum 18 on field)                                  |
| Ball                       | Size 4 (Leather)   | Size 5 (Leather)   |
| Quarter Duration           | 4 x 15 minutes   | 4 x 20 minutes   |
| Quarter Breaks             | 4 minutes – 7 minutes – 4 minutes  | 4 minutes – 7 minutes – 4 minutes  |
| Scoring                    | Scoring, Ladders & Finals Permitted  | Scoring, Ladders & Finals Permitted  |
| Mercy Rule                 | 60 Points  | 90 Points  |
| Results                    | Recording of Best Players and Goalkickers Permitted by club  | Recording of Best Players and Goalkickers Permitted by club                    |
| Tackling                   | Allowed. No player to be deliberately slung, dumped or thrown to the ground in any tackle                | As per the Laws of Australian Football   |
| Throw In                   | Throw in is replaced by a ball up 5m from the boundary if no boundary umpires are appointed or available | Throw in by attacking player if no boundary umpires are appointed or available |
| Marking                    | As per the Laws of Australian Football   | As per the Laws of Australian Football   |
| Distance Penalty           | 50 Metres  | 50 Metres  |
| Deliberately Rushed Behind | No Free Kick   | As per the Laws of Australian Football   |
| Coaching                   | Sideline Coaching permitted  | Sideline Coaching permitted  |